

# “My loved one won’t understand social distancing”

If you’re concerned about how your loved one will react to the social distancing rules, please try not to worry too much.

Our teams have been working hard to risk assess each service, taking into account the needs and behaviours of each individual we support.

## “What if they want to cuddle or touch me?”

Not everyone will understand the need to maintain physical distance and may want to greet you with physical contact. This response is understandable, so we will be considering different options for each individual resident, their understanding, needs and rights.

We will talk this through with you and agree a safe approach before you arrive.



## “Will it be upsetting for my loved one?”

Your visit should be a happy occasion for you and your loved one and the last thing we’d hate to cause upset by enforcing the rules. However, the rules have been put in place to keep everyone safe.

With this in mind, we will look at alternative ways that your loved one can interact with you. This could mean the need for full PPE to be worn at all times.

Rest assured; we will work together to come up with a solution that’s safe for all involved.

Try to ensure that you have someone to talk to after your meeting.

It’s likely that you will feel very emotional – a normal response to an unusual situation.